

F A L L 2 0 1 3

What's Happening...

A T B A C I I N S O C I A L I N C L U S I O N

(C O M M U N I T Y O P T I O N S 1 , 2 , 3 & 4)



Party Planning Committee

Karaoke, costume parties, healthy snacks and great music... these are just a few of the ideas that the new Party Planning group at BACI has come up with. Each week a group of 8 creative and enthusiastic people from various Community Options Programs meet together to make plans for the bi-monthly Coffee Houses and other special events. This is a time where ideas are shared, plans are designed and every person has a chance to contribute to the overall production. Come on out in the afternoon on the first and third Friday of each month to join in the festivities!



Rabbitat for Humanity

Over the summer, participants in Options One have dedicated their time volunteering at Rabbitat for Humanity. The society reports that the volunteer group has proven a success and, as a result, they are now planning to go out and rescue more rabbits!

Volunteers have been visiting the society regularly to feed the rabbits. They also observe the rabbits for injuries or symptoms of distress and then inform the volunteer coordinator who sends a group out to immediately rescue them.



Save the Date!

Halloween Party
October 25

Bonsor Winter Party
November 29



iPad Café

Communication continues to be an important focus for many people. This summer, we partnered with iEmpowerU to host weekly “iChat” gatherings. The focus of iChat was to give people an opportunity to use their iPads as communication devices, and engage in conversations with other people using a communication device. The iChat groups were a fun way to practice, learn and gain confidence.



New Activities at Bonsor Rec Centre

BACI has partnered with Bonsor Recreation Centre to start up new inclusive activities during the day. Currently, we are offering dance, theatre and sports programs. We are brainstorming ideas for new programs or classes over the next year. You can find more information, and register for these programs, through Burnaby’s Leisure Guide.

Terrina’s Volunteer Story

Terrina is an energetic young woman who loves to be around other people. She is funny and engaging and makes people smile wherever she goes. Terrina is also very organized and likes to do a good job in every task. Recently, Terrina started to share her gifts volunteering at the Journey Home Thrift Shop in Burnaby. At the Thrift Shop, her role is to tag merchandise, sort new donations and organize displays. She is providing a valuable service to others while developing new relationships.



Fun in the Sun!

Over the summer we took full advantage of the sunny weather! Groups arranged special activities, including a trip to Splashdown Park and weekly trips to Playland. Many people purchased season passes to Playland and spent the summer thrill-seeking on roller coasters and rides galore!



Including You!

BACI is excited to be involved in CLBC's second round of Include Me surveys. The survey results will help CLBC and service providers to:

- Better understand the influence that supports and services have on a person's quality of life;
- Choose areas they could work on to make a person's quality of life even better;
- Make decisions about policies and services that will help people with developmental disabilities lead good lives in welcoming communities.

CLBC has created a series of information sheets for individuals, families, and service providers to answer frequently asked questions about Include Me. You can find these information sheets, as well as videos, news items, and much more at: www.communitylivingbc.ca/include-me

Individuals are encouraged to attend our Include Me launch on October 11, from 10:00 am -12:00 pm at BACI.



Can You Dig It? Community Gardens

This year at the Can You Dig It community gardens, we added plots to Still Creek, Edmonds, Carson and Oakland. All the plots at Still Creek and Filby were all taken. The members are a mixture of people from the local community, BACI staff and day programs. The long hot and dry summer provided and abundance of warm weather crops e.g. tomatoes, peppers. Many people had the opportunity to sample the different varieties of the tomatoes. A few plot holders have planted a winter garden. We are already getting request for plot for 2014. Many thanks to Jim Lewenden for watering the gardens at Still Creek! For more information visit: www.cydia.ca



Burnaby Association
for Community Inclusion

For more information on Social Inclusion initiatives, please contact michelle.owen@gobaci.com or 604.299.7851, or visit www.gobaci.com