

## Partner Edition

### Burnaby and New Westminster Accessible Events and Resources - March 2021

Updated: March 5, 2021

Hi Folks,

We hope this message finds you healthy and doing well. Please find below some resource links that neurodiverse youth and their families living in Burnaby and New Westminster might find helpful to stay engaged, informed, and learning new things.

With the current COVID 19 safety precautions in place, many programs, supports and services have moved online. In some cases, this means that services that may have previously had geographic eligibility criteria are now accepting folks regardless of where they live to participate in their programs online.

Here's a quick index of the types of resources covered below (feel free to share this PDF with others in your networks who may also benefit):

- [Employment Skill Development Program & Volunteer Opportunities](#)
- [Financial Supports & Info](#)
- [Health Information and Centralized Community Resources](#)
- [Indigenous Counselling & Mental Health Supports](#)
- [Mental Wellness & Health Supports](#)
- [Online Social Connections for Youth & Young Adults](#)
- [Online Video Resources](#)
- [Spring & Summer Camps and Activities](#)
- [Technology Training, Supports & Equipment & Library Services](#)
- [Webinars, Online Learning & Events](#)
- [Youth in & from Care Opportunities](#)
- [Youth Grants and Financial Opportunities](#)

We want to acknowledge that the programs and activities listed below come in part from feedback from youth and families, as well as other community professionals who have dedicated a fair amount of time to find, check out, and share these opportunities with others like us. We appreciate their work and their openness to allow us to share their findings with others in our communities.

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## EMPLOYMENT & SKILL DEVELOPMENT PROGRAMS & VOLUNTEER OPPORTUNITIES

Burnaby Public Library – Teen Advisory Group | For More Info: <https://bpl.bc.ca/people-help/bpl-for-teens/teen-advisory-group>

The Teen Advisory Group is a diverse and inclusive group of teens from the Burnaby community interested in improving teen library services in Burnaby. TAG advises, plans, creates, and promotes library services as the voice of the Burnaby teen community.

Pacific Community Resources Society – Job Options | For More Info: <https://pcrs.ca/our-services/job-options/> | Phone: 778-239-7495

A no cost virtual job training program for residents of BC. Job Options is an employment program, offered by Pacific Community Resources Society at no cost, for unemployed residents of the Fraser Region and the Fraser Valley, age 18 – 71, who are not in receipt of EI and are committed to gaining sustainable employment on a full or part-time basis. Participants must not be attending school.

Success – Chance to Choose | March 22 to June 11, 2021 | For More Info: <https://successbc.ca/c2c/>

An information session will occur on March 16, 2021 at 1 PM. Helping youth explore career pathways, enhance their employability and life skills, and achieve success in the local labour market through a 12-week integrated training and work experience program.

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This Way ONward | For More Info: <https://forms.gle/VAqpJXYxG31fYksy8>

This Way ONward is now accepting applications for their April 2021 Cohort! This Way ONward (formerly known as This Way Ahead) is a free job training program designed to support youth (16-24 y/o) in building skills towards employment while earning a paid internship with Old Navy stores across Surrey, Langley, New Westminster, Burnaby, Coquitlam, Richmond, and Vancouver.

Their part-time program is structured in 2 phases:

- April-June: Life and Job Skills Workshops (once/week 2 hrs online via Zoom)
- June-August: Internship (\$15.20/hr, part-time, 50% off employee discounts)

Wildlife Rescue Association of BC | For More Info: <https://www.wildliferescue.ca/what-we-do/volunteering/>

Located in Burnaby, they are now accepting applications. Volunteers are expected to commit to one regular 4 (or 3.5) hour shift per week for a minimum of 100 volunteer hours total. Volunteers will participate in on-site training.

## FINANCIAL SUPPORTS & INFO

BC Housing – Homeless Prevention Program | For More Info:

<https://www.bchousing.org/housing-assistance/homelessness-services/homeless-prevention-program>

The Homeless Prevention Program is an initiative aimed at providing individuals in identified at-risk groups facing homelessness with portable rent supplements and support services to help them access rental housing in the private (non-subsidized) housing market.

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For a list of the Homeless Prevention Program Outreach Workers (including those in Burnaby and New Westminster) visit: <https://www.bchousing.org/housing-assistance/homelessness-services/find-homeless-prevention-outreach-worker>.

BC Recovery Benefit Now Automatic for People on PWD benefits | For More Info: [Click Here](#)

For those in receipt of PWD benefits before February 2021, the BC government has announced changes to how it rolls out the BC Recovery Benefit after complaints of glitches facing those who apply. People receiving Ministry assistance (PWD, Income Assistance, Hardship Assistance) no longer need to apply. **You will automatically get the recovery benefit.**

If you started receiving PWD benefit payments in February 2021 or later, **you do need to apply** for the benefit.

Canada Recovery Caregiving Benefit (CRCB) | **Revenue Canada** | For More Info Visit: <https://www.canada.ca/en/revenue-agency/services/benefits/recovery-caregiving-benefit.html>

The Canada Recovery Caregiving Benefit (CRCB) gives income support to employed and self-employed individuals who are unable to work because they must care for their child under 12 years old or a family member who needs supervised care.

COVID 19 Provincial and Federal Benefit List | **Province of BC** | For More Info Visit: <https://www2.gov.bc.ca/gov/content/safety/emergency-preparedness-response-recovery/covid-19-provincial-support/financial-benefits>

British Columbians impacted by COVID-19 can access income supports, tax relief and direct funding from the federal and provincial governments. This list is updated on an ongoing basis.



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C-19 Money Navigator Program | **Family Services of Greater Vancouver FSGV** | For More Info: <https://fsgv.ca/programs/financial-empowerment-2/c19-money-navigator/> | Phone: 1-800-609-3202 | Email: [moneynavigator@fsgv.ca](mailto:moneynavigator@fsgv.ca)

FSGV – C-19 Money Navigator - Our free COVID-19 Money Navigator is here for you, providing multilingual support for you and your family during this difficult time. Our Navigators and Coaches will help connect you to any benefits and financial supports you qualify for now. Our chat and helpline hours are 9 am to 5 pm Monday to Friday. Contact us now for confidential, non-judgmental, professional support in English, Español, Việt, Français, 粵語 (Cantonese), 普通话 (Mandarin), and برای ایجاد (Farsi). For additional language support, please use our chat feature.

Ministry of Social Development and Poverty Reduction – T5007 Tax Slips | For More Info: <https://www2.gov.bc.ca/assets/gov/british-columbians-our-governments/policies-for-government/bc-employment-assistance-policy-procedure-manual/additional-resources/t5007-info.pdf>

This resource sheet share information about the tax slip needed for folks receiving government support (like the Persons with Disability benefits) to complete their tax returns for the year 2020.

Purpose Society Rent Bank | For More Info: <https://purposesociety.org/events/categories/rent-bank/>

The Purpose Rent Banks are housing stabilization programs geared towards low to moderate-income residents of these four cities (Burnaby, New Westminster, Maple Ridge and Pitt Meadows) who are experiencing a temporary and unexpected financial crisis.

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#### Registered Disability Savings Plan (RDSP) Telephone Info Session Dates and Times | 2 Sessions left in March 2021

The Government of Canada will hold 4 telephone sessions to explain more about RDSPs and their benefits. All calls will take place at 9 AM Pacific Time. To access a call Dial 1-866-206-0153 and add in the appropriate passcode from below:

#### **English**

Wednesday March 24, 2021 (passcode 8379602#)

#### **French**

Wednesday March 25, 2021 (passcode 7831777#)

The Community Volunteer Income Tax Program | **Canada Revenue Agency** | For more info visit: [canada.ca/taxes-help](https://canada.ca/taxes-help)

If you have a modest income and a simple tax situation, a volunteer may be able to do your taxes for free. This year, volunteers may be able to complete and file your taxes virtually by videoconference, by phone, or through a document drop-off arrangement. For more information, go to.

Webinar Replay - Financial Literacy Meeting Video | **Square Peg Society** | To view click <https://www.youtube.com/watch?v=jDTz3QZg4ts&feature=youtu.be>

A review of the basics about money for youth and young adults.

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## HEALTH INFORMATION AND CENTRALIZED COMMUNITY RESOURCES

BC COVID-19 Immunization Plan | For More Info:

<https://www2.gov.bc.ca/gov/content/covid-19/vaccine/plan>

B.C.'s COVID-19 Immunization Plan is designed to save lives and stop the spread of COVID-19. The information on this page is updated frequently and is subject to change based on vaccine availability and the latest COVID-19 data.

Burnaby Youth Hub | For More Info: <http://burnabyyouthhub.org/> | Phone: 604-569-0951  
or Email: [info@burnabyyouthhub.org](mailto:info@burnabyyouthhub.org)

The Burnaby Youth Hub offers a range of programs and supports including:

- Burnaby Youth Clinic – for those 21 and under
- Options for Sexual Health – all ages

City of Burnaby Coronavirus Webpage | For More Info:

<https://www.burnabycoronavirus.com/>

The community of Burnaby has created a website that provides information and links to health, community, and social supports available during the time of COVID restrictions.

City of New Westminster | For More Info: <https://www.newwestcity.ca/services/public-safety/covid-19>

The city of New Westminster has a webpage on its website with links to health, community, and social supports available to residents during COVID restrictions.

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Community Resource Guide | **Burnaby Public Library** | For More Info Visit:

[www.bpl.bc.ca/community-resource-guide](http://www.bpl.bc.ca/community-resource-guide)

Our Community Resource Guide continues to be updated. Find information on services and resources in Burnaby, BC and beyond to support you during COVID-19. Many resources offered are free or low-cost.

Creating Accessible Neighbourhoods – Gender and Sexuality 101 Public Workshop

| For More Info: [https://www.canbc.org/workshops/gender-sexuality/?mc\\_cid=83e6038411&mc\\_eid=351411df04](https://www.canbc.org/workshops/gender-sexuality/?mc_cid=83e6038411&mc_eid=351411df04)

This workshop is about the rainbow alphabet: 2SLGBTQIA+ (2 Spirit, Lesbian, Gay, Bisexual, Trans, Queer, Intersex, Asexual/Aromantic, Plus).

We discuss the spectrum of **gender and sexuality**, intersecting identities, current language, and ways you can be an ally. Time allows for a Q&A.

Disability Alliance – Disability Tax Credit Tool | For More Info:

<https://disabilityalliancebc.org/dtc-app/>

To apply for the DTC, your healthcare provider will need to fill out the [Disability Tax Credit Certificate \(form T2201\)](#). This tool is designed to give them the information a healthcare provider will need to fill out that form.

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## INDIGENOUS COUNSELLING & MENTAL HEALTH SUPPORTS

24 Hour Crisis Line for Adults/Elders & Youth | **Kuu-us Crisis Response Services** | For More Info: <https://www.kuu-uscrisisline.ca/> | Phone: toll-free 1-800-588-8717

The KUU-US Crisis Line Society operates a 24-hour provincial aboriginal crisis line for:

- Adults/Elders (250-723-4050),
- Child/Youth (250-723-2040), and
- Toll Free Line (1-800-588-8717).

Indian Residential School Survivors Society | For More Info: <https://www.irsss.ca/services> | Phone 1-800-721-0066

The Indian Residential School Survivor Society (IRSSS) has a wealth of experience delivering wellness and healing services to Indian Residential School Survivors and intergenerational Survivors throughout B.C.

Online or Phone Counselling Service | **Hope for Wellness** | For More Info: <https://www.hopeforwellness.ca/> | toll-free 1-855-242-3310

Hope for Wellness offers 24/7 counselling and crisis intervention by phone or online chat. Available in French, English, Cree, Ojibway, and Inuktitut.

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24/7 Mental Health Support | **Metis Crisis Line** | For More Info: [Click Here](#) | Phone: 1-833-638-4722, provides 24/7 mental health support, including crisis intervention and access to crisis programs.

The toll-free number is available for immediate crisis intervention, but also a variety of other issues like relationship troubles, depression and anxiety, financial issues, and bullying and peer pressure support. The staff who man the lines have the training to assist in many ways. They also have Metis information available like how to connect with your local Metis Chartered Community and information on Metis Service Provider services in 5 locations.

To see our brochure visit: <https://www.mnbc.ca/wp-content/uploads/2020/09/Metis-Crisis-Line-Pamphlet-FNL.pdf>.

## MENTAL WELLNESS & HEALTH SUPPORTS

BounceBack | Free Skill Program | For More Info: <https://bouncebackbc.ca/>

**BounceBack**<sup>®</sup> is a free skill-building program designed to help adults and youth 15+ manage low mood, mild to moderate depression, anxiety, stress or worry.

Delivered online or over the phone with a coach, you will get access to tools that will support you on your path to mental wellness.

Mental Health and Substances Use Support | **Wellness Together Canada** | For More Info: <https://ca.portal.gs/>

Get connected to mental health and substance use support, resources, and counselling with a mental health professional. Text WELLNESS to 686868 for crisis support through Wellness Together Canada.

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Mindshift | Anxiety Canada | For More Info:

<https://www.anxietycanada.com/resources/mindshift-cbt/>

The MindShift™ CBT app uses scientifically proven strategies based on Cognitive Behavioural Therapy (CBT) to help you learn to relax and be mindful, develop more effective ways of thinking, and use active steps to take charge of your anxiety. Available on the App Store and Google Play.

Moving Forward Family Services | For More Info Visit: <https://mffs.ca/>

They offer:

- A free 12 session psycho-education and coaching program based on Cognitive Behavioral Therapy. To register email: [counsellor@movingforwardfamilyservices.com](mailto:counsellor@movingforwardfamilyservices.com)
- A free 8 session one to one Healthy Relationships Coaching over telephone or online. To complete a self-referral, visit the website.

1-800-SUICIDE (1-800-784-2433) - Crisis Centre of BC | For More Info Visit:

<https://crisiscentre.bc.ca/get-help/>

This service supports individuals who are or know someone who is having thoughts of suicide. The service is available 24 hours a day, 7 days a week and in up to 140 languages. Operated in partnership with Crisis Line Association of BC.

Online Crisis Support | **Youth in BC** | For youth up to age 25 | For More Info:

<https://youthinbc.com/>

This is an online crisis service for youth (up to 25 years of age) to chat 1-on-1 with a trained volunteer from the Crisis Centre. A range of topics can be discussed such as suicide, sexuality, depression, stress, and relationships. Youth in BC online chat is available from noon to 1am daily.

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Youth Counselling and Peer Groups | **The Foundry BC** | For More Info:

<https://foundrybc.ca/virtual> | Phone: toll free 1-833-308-6379

At this time the Foundry is offering the supports listed below virtually. You can find more information about these services that are specific for youth 12 to 24 online. They include things like:

- Virtual drop-in counselling sessions – you can book an appointment with a youth counsellor between 1 pm and 9 pm Monday to Friday. This service is for one session only to help you find the right supports in your community and plan next steps - <https://foundrybc.ca/virtual/drop-in-counselling/>
- Peer support check-ins – Chat about what’s going on for you with young people who identify as having lived experience of mental health and/or substance use challenges - <https://foundrybc.ca/virtual/peer-support/>
- Groups & Workshops for Young People - <https://foundrybc.ca/virtual/youth-groups/>
- Groups & Workshops for Caregivers - <https://foundrybc.ca/virtual/caregiver-groups/>

## ONLINE SOCIAL CONNECTIONS FOR YOUTH & YOUNG ADULTS

ClubQuaranTEEN | **Burnaby Public Library and Burnaby Youth Hub** |

<https://bpl.bc.ca/people-help/bpl-for-teens/club-quaranteen> | For the Zoom Link or More Info

Email: [teenservices@bpl.bc.ca](mailto:teenservices@bpl.bc.ca)

Club Quaranteen is a low-key virtual program for teens to chat about pop culture, media, and life! We meet on ZOOM, watch short films (3-5 minutes long) and discuss them. All teens are welcome!

CoMakeDo | For More Info: <https://www.comakedo.ca/>

CoMakeDo is an experience platform offering things for people to try and do throughout the week. If you’re worried about learning how to connect online, support is offered to help you get over your technical challenges! This site combines the efforts of many agencies including Kudoz, Real Talk, Meraki, and others.



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Kudoz | For More Info: <https://kudoz.ca/>

Kudoz is an experience platform connecting people with and without disabilities to find things to do, together. Locals host one-hour experiences, anything from podcasting to learning Korean. Youth and adults with cognitive disabilities search the platform and book experiences to try. It's free and there's no waiting list!

Real Talk | For More Info: <http://real-talk.org/>

Real Talk is a sexual health initiative aimed at people with cognitive disabilities and their supporters. They host educational/social events where people with a cognitive disability can have open, honest conversations about dating, love, relationships, and sex. Sign up for an upcoming online conversation, movie night and/or check out their resource section. Website -

**ZAP | North Shore Disability Resource Centre** | Open to CLBC eligible youth 19 and over (or 16+ if currently at home) | For More Info: Email Kathy at [k.nyoni@nsdrc.org](mailto:k.nyoni@nsdrc.org) | Phone: 604-240-1277

ZAP is a virtual service, on Zoom, for adults with disabilities who are isolated and want to socialize. This program is designed for individuals who want to improve their academic, vocational, life skills and social life during the COVID 19 pandemic. It is free of charge and self-referrals are accepted.

## ONLINE VIDEO RESOURCES

Adopt4LifeON – Non Violent Resistance: Supporting Families Who Experience Child to Parent Violent and Aggression | Visit:  
[https://www.youtube.com/watch?v=vCnAVHLIXTI&mc\\_cid=4d0bebc8c7&mc\\_eid=38c8c56bfb](https://www.youtube.com/watch?v=vCnAVHLIXTI&mc_cid=4d0bebc8c7&mc_eid=38c8c56bfb)

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Autism BC YouTube Channel | Visit:

[https://www.youtube.com/channel/UCMMRsE\\_KDW6QFr34HWI4bKQ](https://www.youtube.com/channel/UCMMRsE_KDW6QFr34HWI4bKQ)

Inclusion BC YouTube Channel – Inclusive Education Film Series | Visit:

<https://www.youtube.com/playlist?list=PLTjE8MG1MBV3sSeicjkgR-5xjciB2s4V2>

Inclusion BC and the Canadian Institute for Inclusion and Citizenship (CIIC) partnered to create four short films to raise awareness about the exclusion of students with developmental disabilities and to offer key information and possible pathways to success for students, families, and schools.

Plan Institute YouTube Channel | Visit:

<https://www.youtube.com/user/TheLebronk/videos>

## SPRING & SUMMER CAMPS and ACTIVITIES

Autism Community Training – Spring and Summer 2021 Community Events | For

More Info: <https://www.actcommunity.ca/special-needs-community-events>

ACT lists workshops and conferences in BC related to Autism and other special needs that are provided by local agencies and organizations.

Burnaby Village Museum | For More Info:

<https://www.burnabyvillagemuseum.ca/EN/main/visit/hours-rates.html>

Burnaby Village Museum is open seasonally. Admission is free. Advance [online reservations](#) are required. Please note the carousel and gift shop are closed.

Canada Aviation and Space Museum | For More Info:

<https://ingeniumcanada.org/aviation/visit>

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All visitors must reserve their tickets in advance online. This includes Ingenium Members and those visiting during the free hour.

Canucks Autism Network – Spring Program Guide | For More Info:

<https://www.canucksautism.ca/drive/uploads/2021/02/CAN-Program-Guide-Spring-2021-Feb26.pdf>

Spring 2021 programming details including virtual monthly programs for youth and adults 13 to 17 and 18 and over.

City of New Westminster – Spring Break Brochure | Registration Opened February 25<sup>th</sup> |

For More Info: <https://citypage.newwestcity.ca/a1008178142073154995084cb5bd2942/start-planning-your-spring-break-activities>

City of Burnaby – Spring Programs | Registration Opened March 1<sup>st</sup> | For More Info:

<https://www.burnaby.ca/Things-To-Do/Be-Active-Programs/Programs-for-Everyone.html>

Down Syndrome Resource Foundation (DSRF) – Adult Programs | For More Info:

<https://fundraise.dsrf.org/event/dsrf-group-program-registration/e260792>

The DSRF has a variety of adult programs available for consideration.

Down Syndrome Resource Foundation (DSRF) – Spring Programs | For More Info:

<https://www.dsrf.org/programs-&-resources/our-programs/>

Spring 2021 programming details including small group classes for youth and adults.

Easter Seals - Online Classes & Day Camp Programs – Spring Break Day Camps &

Spring Social Club | Ages 16 to 18 | For More Info: <https://www.eastersealsbcy.ca/online-camps/>

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Easter Seals - Online Classes & Day Camp Programs – Spring Social Clubs | Ages 19 to 49 | For More Info: <https://www.eastersealsbcy.ca/online-camps/>

Science World | For More Info: <https://www.scienceworld.ca/visit-us/>

Fraser River Discovery Centre | For More Info: <https://fraserriverdiscovery.org/hours/>

H.R. MacMillan Space Centre | For More Info: <https://www.spacecentre.ca/hours>

Maplewood Farm | For More Info: <https://maplewoodfarm.bc.ca/hours-prices/>

Museum of Vancouver | For More Info: <https://museumofvancouver.ca/>

UBC Summer Science Program 2021 | Now accepting applications | For More Info: <https://health.aboriginal.ubc.ca/programming/summer-science/>

There are two programs available to Indigenous students in grades 8 to 11:

**The Summer Science program (June 27th to July 10th, 2021)** is an in-person one-week cultural, health and science program for Indigenous students in grades 8-11.

**The Virtual Indigenous Science Experience (VISE – July 19th to 23rd, 2021)** was created in 2020 in response to the COVID-19 pandemic. This program was created to allow accessibility to CEIH's long running Summer Science Programming to allow for safe learning and connecting.

Vancouver Art Gallery | For More Info: <https://www.vanartgallery.bc.ca/visit>

## Partner Edition

### Burnaby and New Westminster Accessible Events and Resources - March 2021

Updated: March 5, 2021

## TECHNOLOGY ACCESS, EQUIPMENT, TRAINING & SUPPORTS & LIBRARY SERVICES

BC Tech for Learning | For More Info: <https://www.reusetechbc.ca/request-tech.html> | Email: [ClientServices@reusetechbc.ca](mailto:ClientServices@reusetechbc.ca)

BC Tech for Learning provides refurbished technology to non-profit organizations, schools, and individuals in need of devices. Requests can be submitted through a Burnaby non-profit organization or made online.

Burnaby Public Library services | For More Info: <https://www.bpl.bc.ca/community-resource-guide/technology#learn-to-use-technology>

- The Burnaby library is still open for browsing, holds pick-up, computer use, and help
- Virtual and phone help is also available
- Home Library Service is delivering materials to people who are homebound
- If you're looking to learn more about technology and how to use computers and programs better, check out the section on their website "Learn to use technology."

Free Geek Vancouver | For More Info: <https://www.freegeekvancouver.org/>

Free Geek Vancouver is a non-profit community organization that reuses and recycles donated electronics, offers education and job skills training, and provides free or low-cost computers to the public.

Online Computer Training | **Burnaby South Neighborhood House** | For More Info Email: Rajeeta Samala [literacy@burnabynh.ca](mailto:literacy@burnabynh.ca)

If you need more help than the support provided at the WebCafe, BNH will pair you up with a volunteer who will meet you online to answer your questions. Volunteers are able to provide support in English, Cantonese, Farsi, Mandarin, Korean and Punjabi. Please email Rajeeta Samala, Adult Literacy Program Coordinator, at [literacy@burnabynh.ca](mailto:literacy@burnabynh.ca) if you are interested.

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Student Desktop Computer Requests | For More Info:

<https://www.reusetechbc.ca/student-desktop-computer-requests.html>

We offer qualified low-income learners, in receipt of government assistance, the opportunity to purchase high-grade desktop computers or laptops at significantly reduced prices. We strive to provide families with the tools that will enable them to achieve their highest potential in the global knowledge-based economy.

Request a computer today to power up your studies and digital skills development. The equipment sold is refurbished and made only available to students.

Techlink Free Friendly Tech Support | **YWCA** | For More Info Visit:

<https://ywcavan.org/techlink-support> | Phone: 1-833-386-4129 | Email Enquiries:  
[help@techlink.ywcavan.org](mailto:help@techlink.ywcavan.org)

YWCA TechLink is a **FREE** IT and tech support service based in Vancouver, staffed by Lower Mainland residents who have a background in technology. TechLink offers free IT and tech support over the phone and virtually, to support you with any general tech-related queries you might have, such as how to set up devices, make video calls, access government services, and more.

Telus Internet for Good Program for Low Income Families | For More Info:

<https://www.telus.com/en/social-impact/connecting-canada/low-income-families/application>

Telus' Internet for Good Program provides \$10/month internet to families in BC who have children under the age of 19 and in receipt of the maximum Canada Child Benefit.

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Telus Tech & Internet for Good Program for Folks with Disabilities | For More Info:

<https://www.telus.com/en/social-impact/connecting-canada/people-with-disabilities/application>

Telus customers with disabilities who require assistive technology can receive assistance, tools, and training. Also, low cost internet is available to folks in receipt of the Persons with Disability benefits.

Telus Wise for Youth | For More Info: <https://www.telus.com/en/wise/youth/>

This site includes information and videos for youth to learn about subjects including:

- How to protect your online reputation
- Cyberbullying
- Good Tech Etiquette
- Digital Wellness Quiz

Vancouver Community Network (VCN) | For More Info:

<https://www2.vcn.bc.ca/services/services-for-everyone/>

VCN is a non-profit internet service provider. They provide services, including dial-up internet to individuals, non-profit organizations, and community groups by donation.

WebCafe (on Zoom) | **Burnaby South Neighborhood House** | For More Info: [Click Here](#)

Would you like to learn how to use email, search the Internet, create files and documents, or explore videoconferencing via Zoom, Jitsi, Callbridge and so much more? Volunteer Computer Instructors are available to help you with your computer learning needs. They will assist you with your questions and online application forms (ex. CERB, EI).

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## WEBINARS, ONLINE LEARNING & EVENTS

Anti-Racism Arts Festival Online | March 12 to 20, 2021 | For More Info:

<http://www.canadianculturalmosaicfoundation.com/>

This spring the Central Vancouver Island Multicultural Society (CVIMS), in partnership with the Canadian Cultural Mosaic Foundation (CCMF) is hosting the 2021 Anti-Racism Arts Festival. The festival hopes to bring together people from Nanaimo and surrounding areas to participate and attend the week-long festival, which features various art and educational activities. **All events are free and online.**

Burnaby School District Transition Fair | April 13, 2021 from 6 PM to 8 PM

Join the Burnaby School District for their annual Transition Fair on Tuesday April 13<sup>th</sup> via Zoom from 6 PM to 8 PM. The evening is a wonderful opportunity for students and parents to learn more about educational and skill development opportunities available for youth and to connect with other community agencies.

If you're interested, please let your STADD Navigator know and they will forward you the registration information when it is released.

CLBC Welcome Workshops | **CLBC** | 4 Sessions Starting April 13<sup>th</sup> 2021 in Evenings at 6 pm |

For more info or to register email: [bryan.oulton@gov.bc.ca](mailto:bryan.oulton@gov.bc.ca)

These workshops are led by a CLBC staff person, an individual served by CLBC and a family member, and give you detailed information about ways to build a good adult life. In these 4 welcome sessions we introduce Community Living BC and show how community and different service and supports fit together in the big picture of adulthood.



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FSI Learning Explorations – What Families Need to Know When Hiring Respite Workers | Tuesday March 23, 2021 | For More Info: <https://familysupportbc.com/respite-march23/>

Hiring a respite provider is not always as straightforward as it seems. In this session, we will explore the different ways of correctly hiring respite providers under the guidelines set out by the Canada Revenue Agency and Employment Standards. We will focus on when respite providers are classified as employees and when they are classified as contractors. We will also cover the obligations for both the families and staff under each type of relationship.

FSI – Recipes for Respite | March 8, 2021 at 6:30 PM | For More Info: <https://zoom.us/meeting/register/tJUpc--sqjoqEtfyDc-kxJ6aLZSndrThSHkX>

Please join our discussion circle about how we can work together for families and their loved ones to have a safe and helpful break from the significant and daily stresses going on right now.

Inclusion BC Online Life After High School | March 9, 2021 11 AM to 12 PM | For More Info: <https://www.eventbrite.com/e/supporting-transition-to-life-after-high-school-tickets-143268338457>

As part of our Virtual Learning Series, Inclusion BC invites you to an online Zoom session on March 9th, where we will explore the transition to life after high school for youth with disabilities.

KDocs FF 2021 Social Justice Film Festival | March 12 to 21, 2021 (small fee) | For More Info: <http://www.kdocsff.com/upcoming-events>

The annual KDocsFF documentary film festival showcases award-winning documentary films, keynote speakers, filmmakers, panelists, exhibitors, performances, and community partners. Participants engage in lively discussions, debates, and dialogues as they investigate today's most pressing global issues.

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Keeping Score with the Vancouver Giants – 4 Online Workshops | March 11, 18, 25 and April 1, 2021

Join the Vancouver Giants virtually each week from 5 to 6 PM to go over the following topics:

- March 11, 2021 – Goal Setting - <https://www.westcoastfamily.org/events/keepingscore11>
- March 18, 2021 – Mental Preparation - <https://www.westcoastfamily.org/events/keepingscore18>
- March 25, 2021 – Leadership - <https://www.westcoastfamily.org/events/keepingscore25>
- April 1, 2021 – Teamwork - <https://www.westcoastfamily.org/events/keepingscore1>

Neil Squire – Working Together Webinar Series | Ongoing Dates | For More Info:

<https://www.neilsquire.ca/involved/attend-webinar/working-together-webinar-series/>

Please join our national Working Together team for a webinar series on a variety of topics designed to support:

- Job Seekers with disabilities, injuries, or illnesses
- People who face barriers and challenges to employment
- Businesses interested in hiring or supporting their existing staff

There is no cost in attending our webinar series. You may register for all or some of the webinars.

Online Planning Training with STADD Navigators | For More Info: Contact your STADD Navigator

Join other youth from across BC to learn how to complete online planning for your future. Together you'll access the Collaborate online platform and let about how to create and store planning information to help you achieve your personalized transition plan!

## **Partner Edition**

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If you're interested in participating, please let your STADD Navigator know and they will forward you the registration information when it is released.

Pathways Family to Family: 8 Week Course for Families Dealing with Mental Illness  
| Starting April 6, 7, and 8, 2021 | For More Info: <https://pathwayssmi.org/education/family-to-family-course/>

Through the course, family members gain the knowledge and skills to cope more effectively with their relatives with a mental illness.

SHARE Zoom Group – Sexual Health and Relationships | Ages 15 to 25 | For More Info: <https://www.actcommunity.ca/special-needs-community-events/share-zoom-group-sexual-health-and-relationships-ages-15-25-2021-03-16>

This virtual group is facilitated by a Registered Nurse with the Sexual Health Rehab Service (Vancouver Coastal Health) and available to all residents of BC.

This group is best suited towards young people (approximately age 15-25) with different learning abilities or for those who have had very limited opportunity to learn about these topics.

Spectrum Works 2021: A Virtual Career Fair | Thursday April 8, 2021 from 9 AM to 2 PM  
| For More Info: <https://www.eventbrite.ca/e/spectrum-works-2021-a-virtual-career-fair-tickets-136471615275>

This event is meant for autistic people are looking to use their strengths to gain employment! This event unites the Autism community virtually, bringing together Service Providers and Employers to showcase their services to the attendees.

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## YOUTH IN & FROM CARE OPPORTUNITIES

AgedOut.com | For More Info: <https://agedout.com/>

AgedOut is a website for youth in and from government care in BC, a place to learn important life skills for living independently, find helpful resources and earn rewards.

BC Child and Youth in Care Week - Youth Recognition Awards | Nominations Due by April 1, 2021 | For More Info: <https://www.bcchildandouthincareweek.com/awards.html>

Nominate a child or youth in or from government care (between the ages of 6 and 24) in your life and celebrate their amazing achievements, successes, and wins.

Dream Fund Bursaries | Applications Due March 5, 2021 | For More Info: <https://fbcyicn.ca/what-we-offer/programs/dream-fund>

Open to youth in and from government care ages 14-24, you can apply for two different bursaries to help you achieve your goals:

### Education Achievement Bursary

This bursary awards youth up to \$1,500 to go towards post-secondary school tuition and books at all accredited post-secondary schools.

### Reach for Success

This bursary awards youth up to \$500 to use for workshops, courses, passion projects and other skill building activities such as Food Safe, art, sport, recreation fees, or driving lessons.

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Fed Connects Online Sessions | **FBCYICN** | For More Info: <https://fbcyicn.ca/what-we-offer/programs/fed-connects> | For More Info contact: Steve Smith [steve.smith@fbcyicn.ca](mailto:steve.smith@fbcyicn.ca), 604-353-3508, Facebook @Steve Smith Work

Fed Connects programming is open to youth in and from government care between the ages of 14-24.

Join the MCFD Youth Advisory Council | Applications Due March 31, 2021 | [Infographic](#)

The BC Provincial Director of Child Welfare's Youth Advisory Council is looking for new members! Youth in or from care ages 17-29 can apply. Email [mcf.yac@gov.bc.ca](mailto:mcf.yac@gov.bc.ca) for more information

Ministry of Children and Family Development Youth and Young Adult Page | For More Info: <https://www2.gov.bc.ca/gov/content/family-social-supports/covid-19-information/youth-young-adults-response-to-covid-19>

MCFD continues to update the [Youth and Young Adults page](#) on their website, where you can find more information about supports during the pandemic.

Telus Mobility for Good Program | For More Info: <https://www.telus.com/en/social-impact/connecting-canada/mobility-for-good> | Email: [corporatecitizenship@telus.com](mailto:corporatecitizenship@telus.com)

Youth aging out of foster care can apply for Telus' 2-year Mobility for Good program. Youth receive a refurbished smartphone with unlimited, Canada-wide talk and text and 3 GB of data per month, all at no cost.

**Partner Edition**

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YOUTH GRANTS and FINANCIAL OPPORTUNITIES

Geoff McMurchy Artist Development Grant | Applications Due by April 1, 2021 |

[https://www.kickstartdisability.ca/call-for-artists/geoffmcmurchyadg/?mc\\_cid=a27210ecd7&mc\\_eid=351411df04](https://www.kickstartdisability.ca/call-for-artists/geoffmcmurchyadg/?mc_cid=a27210ecd7&mc_eid=351411df04)

The grant (including a \$3,000 cash award) is given annually to an Artist that identifies as living with a disability, working in any media, to support them directly with marketing and financial support.