



**Burnaby Association
for Community Inclusion**

2702 Norland Avenue
Burnaby, British Columbia
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Dear Respite Families:

BACI continues to actively monitor health authority updates regarding COVID-19 (ie. from BC Provincial Health, Fraser Health, Health Canada, WHO, CDC). We are quickly responding to this rapidly changing situation and want to assure you that we are taking all recommended precautions to maintain the health and safety of all the people and families we serve.

In an abundance of caution and care, we are directing our Respite Contractors to adhere to all Provincial Health Authority guidelines while supporting your child. This includes not participating in group activities or events, avoiding taking transit, avoiding people who appear to have cold or flu-like symptoms, and practicing key precautionary measures to maintain people's health.

Before Contractors provide respite to your family member, families must ask the Contractor:

- Whether they have any cold or flu-like symptoms: cough, sneezing, fever, sore throat or difficulty breathing/shortness of breath;
- If they have recently travelled outside of Canada in the last 2 weeks, or been exposed to anyone who has recently travelled from an area identified by the WHO as being high risk.

If there is any cause for concern, Contractors will not be allowed to provide respite until after 2 weeks has passed.

Similarly, before a Respite Contractor enters your home, they will be asking you if anyone in your family has any cold or flu-like symptoms, whether anyone in your home has recently travelled outside of Canada in the last 2 weeks, or been exposed to anyone who has recently travelled from an area identified by the WHO as being high risk.

If the answer to any of these questions is YES, the Contractor will not enter your home until after 2 weeks has passed.

We appreciate your flexibility and understanding during this challenging time. We will keep you updated as the rapidly changing situation evolves. If you have any further questions, please don't hesitate to contact me directly.

If you are feeling stressed by the increased focus on COVID-19 -- in the media or in daily conversations around you -- please remember that Shepell-fgi, BACI's Employee Assistance Program provider, is available to support people with a BACI Membership 24/7. See their Tips for Coping with COVID-19 here: <https://www.morneaushepell.com/ca-en/tips-coping-covid-19> BACI Members can also contact them directly to speak to a counsellor at 1-866-833-7690, or to contact an e-counsellor at <https://www.shepellfgiservices.com/ec/>

Take care!

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