

Meeting with CI Families – 1:1 Support – May 14 2020

33 Participants

Richard

- Thank you for joining us. Yesterday we met with families whose loved ones participate in groups. Today we are meeting with families whose loved ones get 1:1 supports.
- We miss seeing you and your family members and we know this has been a difficult time.
- We're in the process of working closely with our funder, CLBC, to determine what the Phase 2 planning will look like. We hope to see their guidelines next week.
- We understand that each of you have a unique situation. We'll connect with each of you one-on-one shortly.
- We're in a holding pattern until we get the guidelines from the province. A few agencies, including BACI, are working closely with CLBC to develop these guidelines.
- We will be careful – opting on the side of caution.
- There are a number of things that we need to connect together – including WorksafeBC guidelines – before we can finalize our plan.
- We have been working hard to keep the people we serve safe. We're going to continue to be very careful. As much as we want to look at the future, we need to remain vigilant and maintain tight protocols.
- Thank you for standing side by side with us during this difficult time.
- We're with you and look forward to a plan to re-enter the world safely.

Kama

- Reviewed the Slide Presentation – timeline of how we got where we are today.
- Looked at how we could stay connected – through virtual check-ins – and support people with activities and online experiences. Have delivered over 500 art kits and launched the CoMakeDo website.
- When we got the Restart guidelines, we started looking at where we go now.
- We know we can no longer congregate at Still Creek, so we're hoping to open up more opportunities for learning and growing, finding more ways to connect in community with flexible supports. Focusing on meaningful and resilient relationships.
- The Health guidelines have restrictions on gatherings in large groups. The City of Burnaby have stated that most of their recreation programs will not be opening until late September, which is tough for CI programs.
- Directions are to keep our social gatherings small – from 2 – 6 people – to lessen the chance of spread.
- Also having consistent smaller groups in the community.
- We will continue to be challenged as we navigate the new reality.
- We are looking forward to what the new opportunities will bring.
- Are looking at the Pod Model – small groups that forge relationships and plan, grow and learn together.
- For people who are supported 1:1, you may have been getting together with other people at Still Creek.

- We think relationships are key to flourishing lives, but we know that for health and safety reasons, we need to keep our interactions small.
- Important also to limit the number of interactions with different staff.
- We'll start to plan our teams more intentionally.
- We also think that relationships may be more meaningful and lasting in small groups.
- Hope to support people to connect more locally with less travel. Social distancing is challenging when travelling and especially on transit.
- We know most have done annual planning in the past, but we know how quickly things change so at this point planning for the short term is important.
- Looking forward to connecting with you soon to discuss planning, ideas, concerns.
- Question around limiting staff in the homes. We are hoping to have small teams surrounding people, limiting contact. We know that rotating larger groups of staff through peoples' homes, and between homes, is not a good idea.
- Question around activities in the community. We have heard that while most rec facilities will be closed until Sept 30, we are waiting to see what other municipalities will be doing. Will be looking at outdoor spaces and what places do open up. Not sure what it will look like in the community. Some activities will need to be done at home or close to home.
- Burnaby is looking at alternate recreational activities while still following restrictions and protocols.
- Comment: Hope we keep AHA in consideration. It has been changed into where the Art Caravan materials are assembled. We will have to look at that. There are a lot of shared spaces in a very small space. We have no plans to open it any time soon.
- If people are interested in more online activities, they can access CoMakeDo.ca
- Question about the art caravan: Get in touch with your Coordinator. There is a menu of kits that change from week to week.
- We're not going to gather at AHA, but we could take some kits to an open outdoor space and meet a few people there.
- Rainy days will be tougher. If you're comfortable having support staff come to your home when we're ready, that would be helpful. Or you could host outdoor activities – ie BBQ – in your own back yard.
- We mapped out where our staff live and where the people we serve live, and we have seen that we're everywhere. We're exploring a neighborhood process to connect people who are living nearby.
- Question: How do we get together with people on her son's team? We can arrange for people to walk by his house, if he wants. If you live in a home that is operated by another organization, there are tight protocols. Starting next week, we're going to start planning how we can re-establish those relationships safely. We need to work with other organizations to do that. But it's our commitment to figure out how we can bring people together safely. Maybe we can organize more Facetime or Zoom calls for him too. By the end of next week we'll have a plan for him.
- Question: Is there a program for emotional support? BACI has an EAP Provider – Shepell – that you can contact.

- Is there a timeline for Still Creek to re-open? Not for at least another year.
- We are good at connecting people differently, so will do that outside of Still Creek.
- Appreciate all that BACI has been doing for us.
- Kama will send out the information shared with you tonight and will connect with each of you individually soon.
- Paul's birthday is June 17th – his 60th birthday. Richard promised a party or a parade for him.