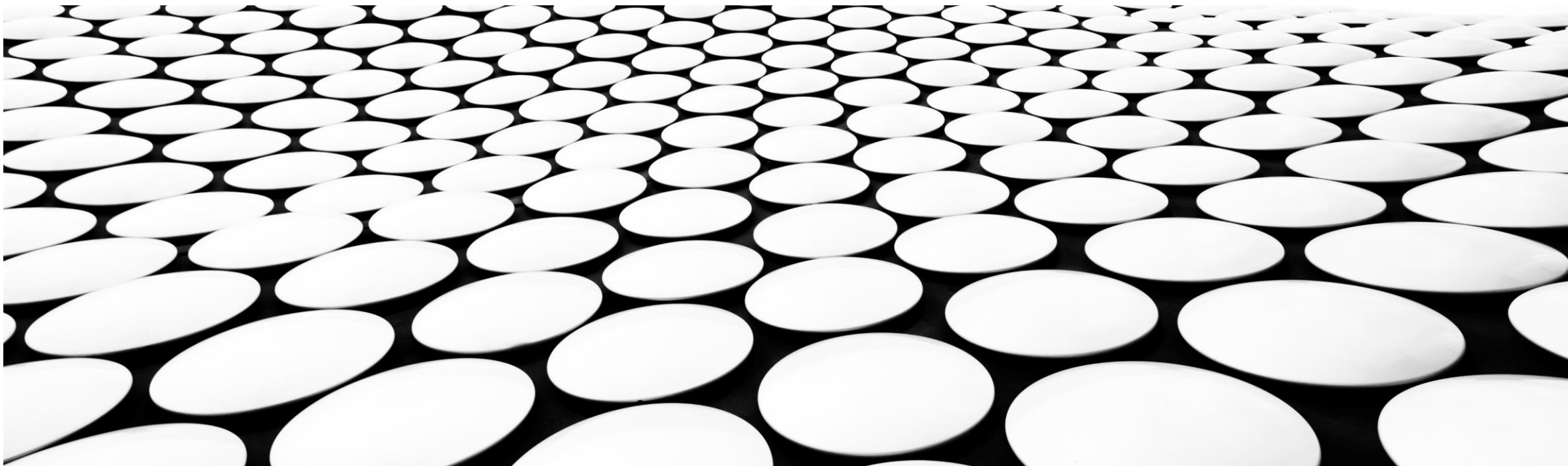# STAYING SAFE ONLINE

BY: THE BURNABY ASSOCIATION FOR COMMUNITY INCLUSION

STEPS TO STAYING SAFE

- Always use strong passwords.

- Never post or say anything online that you wouldn't want to be public information.

- Never tell anyone your personal information.

- Never talk to people who are being rude or mean to you.

PASSWORDS!

🔒 Passwords are strongest when they combine multiple words together. One-word passwords are very easy to guess.

👎 Bad Passwords:
Bob123
Dogs111

👍 Good Passwords:
BobLikesDogs123
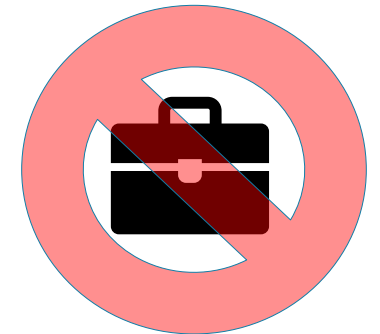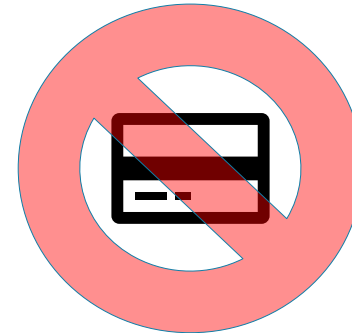DogsAreCool111

POSTING ON SOCIAL MEDIA

- Social media is a very fun place where you can connect with your friends and family.

- Never assume that the information you post on social media is private!
  - Anyone you have added as a friend on social media can see your information.
  - If your profile is public, anyone in the world can see the things you post!
  - Be careful, anyone can look up your name and send you messages.

- If you post something you don't want other people to see, you can delete it.

KEEP YOUR PERSONAL INFORMATION SAFE

- If someone contact's you online asking for personal information you should not respond! If you don't know the person asking, block them.

- You should never give out personal information online.

- You never want to publicly post any of your own information – This includes:
    - Your address
    - Phone number
    - SIN Number
    - Banking Information
    - Employer or Job Information

CYBERBULLYING

- Sometimes there are people on the internet that want to make people feel bad.

- If someone you don't know sends you a rude or mean message online, you shouldn't respond! Block them immediately!

- If someone continues to harass you and you can't stop it. It is important to ask for help from someone you trust.

VIDEO

STAYING CONNECTED SAFELY

RESOURCES

- If you need help with any of the content covered here or have questions… Please reach out to the BACI technology team.

  - Email: tech.support@gobaci.com

  - Phone: 778-655-1463