

BACI Life Sharing Personal Care Guidelines

Some people need direct assistance with personal care and hygiene routines. If this type of support is needed, these routines will be outlined in an individual support plan. You are expected to provide personal care in a way that ensures the privacy and dignity of the individual and promotes the highest level of independence and personal choice possible. This helps the person learn appropriate touch, language and personal boundaries through consistent modelling. It also provides comfort, consistency of routine and familiarity for the person while protecting everyone involved.

Anybody who provides personal care must be orientated and be a screened Life Sharing or Respite Provider.

Standards of Personal Care

Touch and personal interactions are integral components of providing personal care. Make sure you adhere to the following guidelines when touching the person, you are caring for:

- Only use approved equipment that is maintained.
- Ensure you have consent from the person supported.
- Allow as much privacy as possible while ensuring safety.
- Follow the Individual Support Plan (ISP).
- Let the person feel in control and be able to stop the touching at any time, except in a dangerous situation.